

ASCENT

APARTMENTS

New Tenant Guidelines/ Restrictions

Congratulations on being selected for the Ascent Apartment Program. The next 30 days are going to be critical for a successful transition into your new freedom. If you have come from a more restrictive environment, such as the group home or a residential facility, then you already know how important trust is. Trust is probably the most important aspect of the Ascent program.

In an effort to give you every opportunity to succeed, there will be a few restrictions you will be subject to from the beginning. Please do not take this personally, as your compliance will demonstrate how you can make good decisions with decreased supervision.

Phase One- 1 week

This week should be spent settling in to your new place, getting it organized, making it feel like home, and feeling comfortable. Since it is about you- you will not be allowed to have visitors in this first week. Your curfew for the first week is 11pm Sun-Thurs. and Midnight on Friday and Saturday. **You will need to be present during the evening apartment check or call the group home from the apartment phone when you are in for the night to verify that you are in by curfew.**

Complete Individual Service Plan (if new to the program). If you are coming from the group home, you must complete an ISP update.

Complete a grocery shopping trip with the assistance of a staff member to demonstrate the ability to budget your food allowance.

Learn new address and phone number.

Create a professional email address that is appropriate for employment searching.

Pass your first weekly apartment inspection.

Phase Two- 2 weeks

After you complete Phase One successfully, you will begin Phase Two. You will continue to have the same curfew Sun- Thurs, on Friday and Saturday your curfew will be 1am. You will still need to verify that you are in by curfew. You will be able to have visitors on Friday, Saturday, and Sunday only. **They must abide by the Visiting hours posted in the hallway of the building.** You are not allowed to have more than two

visitors at a time. **You are not allowed to have overnight guests at anytime while in the Ascent Apartments.**

Cook at least three different meals in your apartment with a staff member present. This will take some planning in order to make sure there is a staff member available at the time you would like to cook.

If you are unemployed, turn in two completed job search logs.

Phase Three- Until Complete

Pass all drug tests.

Demonstrate the ability to be responsible for taking your own medications.

Complete and turn in monthly visitation log.

Complete the Ascent Apartment Furnishing Agreement.

Create an account on <http://www.GCFLearnFree.org> website and complete the “Money Quiz”.

Pay rent on time and complete Ascent Lease Agreement. If you are unemployed or can not pay rent, you must complete and Ascent Rental Assistance Agreement as well as a Food Assistance Application.

Write a one page essay on your experiences, concerns, and perceptions of living in your own apartment.

You must complete all three phases in order to come off of “New Tenant” status. If for some reason you do not complete a phase correctly, you will be required to repeat that phase. Repeated failure of phases will result in a Probation period to determine if the Ascent Program is an appropriate arrangement for you.

Possession of alcohol, drugs, weapons, or involvement in any illegal activity will result in immediate removal from the Ascent Apartment Program.